

Pilates in Your Practice



Dr. Karyn Staples,
PT, PhD, NCPT

Dr. Karyn Staples, PT, PhD, NCPT is a dynamic presenter who teaches movement techniques to improve the practices of PTs, PTAs, Pilates instructors, and bodywork professionals. With her clear communication and engaging demonstrations, she enables participants to integrate foundational concepts into their daily work. Dr. Staples is the owner and clinic director of ProHealth Physical Therapy and Pilates Studio in Peachtree City, Georgia.

PUMP UP PROGRESS!

Taught by Karyn Staples, PT, PhD, NCPT

Saturday, August 12
9:00 am until 6:00 pm CST

Integrated Physical Therapy
1600 Camelia Blvd, Building A, Lafayette, LA 70508

In this session, you will

- Learn what is the developmental progression
- Use the developmental progression as an assessment tool
- Apply the developmental progression to your client session
- Utilize the Pilates Mat and Apparatus to apply the developmental progression

\$300

Early Bird only **\$250**
by July 15



Dr. Karyn Staples

Founded in Science, Driven by Passion

www.drkarynstaples.com